



School & Playground Rules

General Behavior

- Be kind to others.
- Keep hands, feet, and body to yourself.
- Use appropriate and respectful language. Students should discuss concerns in a reasonable manner.
- Guardians and students should refrain from discussing issues pertaining to other students on school grounds. Please see the *Confidentiality Policy* in the CNS Family Handbook.
- Wear shoes on the playground. Shoes may only be removed to play in sandboxes.
- Please walk when in the buildings.

Playground Boundaries & Play Areas

Students must stay within the school boundaries, which include the perimeter of the fence and 6 feet from the fence by Pleasant Hill Road. Students must have staff supervision when entering either building for any reason.

- the area in front of the Main Building is for upper school students only.
- the area behind the PreK/K Building is for PreK/K students only.

• PreK/K Building

- Students may sit on the front porch and steps but must stay off railings and out of compost area.
- Students may sit on the back stairs of the deck with staff permission.
- Students may sit on benches in nature garden area and must stay on paths.
- Students must have the PreK/K teacher's direct permission to play on the deck.

• Tree House

- PreK-3rd graders may use the lower level. Upper-School students may use the upper level.
- One student at a time on the climbing wall.
- It is not safe to walk on the outside edges, climb between levels, climb on the back of the red bench, or sit on the railings of the tree house.

• Swings

- Students should use the appropriate swings for their size. Only one person on a swing at a time.
- Students should limit time on swings to 5 minutes when all swings are occupied.
- Students should swing appropriately and be seated when swinging.
- It is unsafe to stand or run in front of a swing.
- It is possible for a student to hit the bottom of the tree house while swinging. Students should face toward the tree house when swinging on those swings.

• Forts

- The PreK/K fort area is located by the PreK/K Building and larger forts are located by the dome.
- Students may ask to have a picture taken of their forts and/or draw forts.
- Students may not go outside the fence to gather building materials.
- Playground staff should check the safety of forts before students play in them. Students must not play in a fort during construction. No additional construction should be done while other students are using the fort.
- Forts deemed unsafe will be repaired or dismantled. Students may not stand, climb, or jump on forts.
- Students wishing to dismantle a fort should first discuss it with the students who constructed it.
- Staff should ensure that forts are dismantled at the end of each week and fort materials are returned to the fort area.

• Gazebo

- Students should stay within the rope railing.
- It is not safe to crawl under the gazebo, to climb on the gazebo, sit in the windows, or jump from it.

• Slide

- Students should be seated when sliding. Students may only go down the slide, not climb up.
- Only one person may be on the slide at a time. This includes the slide ladder.

- Bars (Monkey Bars & Parallel Bars)
 - Only 1 student on the monkey bars at a time. No more than 3 students are allowed on the parallel bars at a time.
 - It is not safe to climb on top of the monkey bars and students are not allowed to do so.
- Puddles & Mud
 - Students may only jump in puddles/play in mud if they are wearing watertight rain boots and have an extra pair of socks, shoes, and pants.
 - Staff will assist in making mud for the mud kitchens. Students may use tools or hands to create with mud.
 - If students have clothes to change into, they may be required to change their clothes before returning to class, especially if they are very muddy and/or wet.
 - Playground staff should assist students with returning mud kitchen items to milk crates.
- Nature Art Area & Plexiglass
 - Staff will supervise the use of nature art materials and assist with clean up.
 - Staff will provide paint or shaving cream for the plexiglass board and assist with clean up.

Activities, Equipment, & Games

- All outdoor sports equipment, mud kitchen items, instruments, cars, blocks, chalk, and sandbox tools should be picked up and returned to their respective areas at the end of each day.
- Sticks should be used only for walking, digging, or building. Students should avoid sharpening sticks or having sticks while on playground equipment.
- Ropes are for jumping purposes only.
- Running games should be limited to the field areas to avoid interrupting other students' play.
- Running is only allowed in the soccer field.
- Balls should be used outside only during recess, before school, and after school. If playing a game with a ball, only soft balls should be used and may be thrown only below the waist.
- Snowballs may only be thrown at non-person targets and away from the buildings. When a teacher takes students out to play in the snow, that teacher may allow snowball throwing.
- Climbing
 - Students may climb on the tire wall. Students should stay off poles, off the fence, and out of trees.
- Water
 - Staff may help students fill cups or buckets from the faucets outside the building at their discretion.
 - Water may only be used in the sandbox or mixed with dirt when digging under direct staff supervision.
 - Playground staff will assist with making mud for the mud kitchens.
 - Playground staff will clean plexiglass or chalkboards with the water hose.
- Electronics and Toys from Home
 - Personal electronic devices such as iPods, tablets, laptops, cell phones, gaming devices, etc. may be used by any age student after school on Fridays and on noon dismissal days in designated areas. These designated areas will be for students with electronics only.
 - If a student brings toys to school, they are only allowed before and after school hours. The school is not responsible for lost, damaged, or stolen items.

Snack time & Food

- Snack will take place outside from 3:45 to 4 pm. Students may use the restroom and wash hands in the PreK/K building.
- Students must be seated at picnic tables when eating on the playground.
- When inside due to inclement weather, students may use the restroom and wash hands in the main building and eat at lunchroom tables.
- All lunchboxes must be put away and trash disposed of before the student resumes play.
- Soda and candy are not allowed, and sugary foods should be limited.
- Eating edible plants is only allowed when directly supervised and approved by a classroom lead teacher.
- Playground staff may choose to bring students to the lunchroom for snack if the weather is extreme.